

## Support Groups over 65s

<p><b>Conversation café</b></p>	<p>Mount Maunganui - Tuesday 10-12 St Andrew Church, corner Dee and Macville Roads</p> <p>Otumoetai - Thursday 10- 12. St Columbus Church, Cherrywood, bottom of Otumoetai rd</p> <p>Bethlehem – Mondays 10 -12. Bethlehem Community church, 183 Moffat Road.</p>	<p>Marie Alexander: 07 5441228 or 021 1451527</p> <p>Lauralee: 07 5440497 or 027 4040 689</p> <p>Hans: 027 175 633</p>
<p><b>Age Concern</b></p>	<p>Elder Abuse and Neglect Prevention Service</p> <p>Accredited Visiting Service</p> <p>Fun and Fitness In Tga – Walking Group. Wednesday mornings 10am, location varies</p> <p>Regular social outings via minibus</p>	<p><a href="mailto:eanptga@xtra.co.nz">eanptga@xtra.co.nz</a> 07 578 2856</p> <p><a href="mailto:avstga@xtra.co.nz">avstga@xtra.co.nz</a> 07 578 2541</p> <p>See monthly newsletter for details of walking groups and social outings <a href="http://www.ageconcerntauranga.org.nz/resource/category/9">http://www.ageconcerntauranga.org.nz/resource/category/9</a></p>
<p><b>Sport BOP</b></p>	<p>City on its feet – various walking groups in different locations and for different fitness levels</p>	<p>Michelle Barnes <a href="mailto:michelleb@sportbop.co.nz">michelleb@sportbop.co.nz</a> 027 441 2164</p>
<p><b>Junction</b></p>	<p>Various peer support and one to one support available for those with functional MH diagnosis</p>	<p>Shirley Anne 07 578 6934</p> <p>P O Box 9217 Greerton Tauranga</p>
<p><b>Care and Craft</b></p>		<p>Arataki - 07 575 4396</p> <p>Brookfield - 07 576 5375</p> <p>Greerton - 07 578 8875</p> <p>Otumoetai - 07 576 7783</p>