



Woman, Child and Family Service - Paediatrics
Tauranga Hospital
Cameron Road Private Bag 12024
Tauranga NEW ZEALAND

Re: Lip tie

Thank you for your referral with concerns regarding a lip tie.

If there are concerns regarding poor latch and feeding, we would recommend a review by a lactation consultant for help breastfeeding. Plunket have a free lactation consultant available through their service and referrals can be sent to this service.

All children have lip frenulum, commonly known as lip tie, which is part of the normal anatomy of the mouth. There is currently lots of interest in the community regarding lip ties and whether they may interfere with feeding, however there is no medical evidence to support this and therefore we do not offer a service through paediatrics for assessing lip frenulum.

Tongue ties may affect breastfeeding, and we work closely with DHB, Plunket and Bethlehem Birthing Centre lactation consultants when they have assessed a baby and feel tongue tie may be contributing to feeding difficulties.

We have not arranged for assessment in a paediatric clinic; however please do not hesitate to contact us again if you have ongoing concerns.

Ngā mihi

Yours sincerely

Electronically checked and approved

Paediatric team
Tauranga Hospital