# Malignant Palliative Care

## Whanau Cancer Support Nurses

'Kaimahi Ngaiotanga Hauora'

#### Whanau Cancer Support Nurses New Referrals

1 October 2010 – 28 February 2013 (24 months)



For the last 24 months (refer to graph)

- Hospital in-patient referrals = 3
- Chemo Services = 19
- GP referrals = 9

We know a number of referrals slip through the gap as we have many patients who state "I wish we knew about you earlier."

#### Our request for clients to get the service that better suits their needs:

We would like to have every Maori patient who is admitted to secondary care with a cancer diagnosis to be referred to Kaitiaki Whanau Cancer Support Nursing Service, and allow our Nurses to korero with the patient and their whanau regarding what we can offer them and **then allow them to decide the option of Kaitiaki supportive care or otherwise.** 

See Kaitiaki Cancer referral form attached

# Profile: Whanau Cancer Nursing Support Service

'Kaimahi Ngaiotanga Hauora'

The Whanau Cancer Nursing Support Service (**WCN Service**) also known as 'Kaimahi Ngaiotanga Hauora' provides a **centralised mobile** professional nursing service, focussed specifically on WBOPPHO enrolled adult population affected by cancer. Nurses provide support, advocacy, education, rehabilitation, palliative care and clinical nursing care to WBOPPHO enrolled Maori clients and their whanau affected by cancer. The WCN Service has an emphasis on acknowledging the cultural values and beliefs and the importance of whanau in the care of the cancer client.

- Supporting clients and their whanau/ families through the continuum of their cancer journey.
- Navigating them through health and social services to ensure co-ordinated care.

#### 'Providing Supportive Care'

- Physical, cultural and emotional support.
- Nutritional and psychological support.
- Sexual, spiritual, and practical support.
- Education/information (health literacy).
- Offering Maori medicine and treatment alongside conventional medicine /treatment e.g. rongoa, tohunga, karakia, and mirimiri.
- To accompany clients and whanau to specialist, doctors, OPD clinics and clinical procedures.
- Specialist, GP, OPD clinics and clinical procedures.
- ✤ 'Wahine/Tane Toa' Support group for Maori women and men with Cancer.

#### What we do for our clients

- Assess their needs, and work alongside the client and their whanau in order to meet their needs.
- Ensure client and their whanau have a good understanding of their cancer treatment and care:
  - the disease process
  - their treatment
  - medication
  - ➤ their ongoing care
- > Ensure they have access to other relevant health services that meet their needs.
- Accompany the client and their whanau to specialist, chemotherapy and GP appointments.
- > Provide ongoing supportive care through regular visits and phone calls.

#### Clients are referred to the service by:

| General Practitioners | outpatients clinics     |
|-----------------------|-------------------------|
| Hauora GP practices   | social workers          |
| 🔷 Whanau / family     | hospital ward staff     |
| Clients themselves    | District Nurses         |
| Friends               |                         |
| Hospital Services     | Cancer Society          |
| Chemotherapy unit     | Waipuna Hospice         |
|                       | Cancer Support Services |

## **Non-Malignant Palliative Care**

## Profile: Whanau Nursing Service

The Whanau Nursing Service **(WNS)** is a **mobile generalist** nursing service primarily to service **Maori individuals and whanau** affected by a wide range of illnesses, with the exception of acute diseases such as unstable diabetes, acute onset cardiovascular events and acute respiratory disease.

Nurses provide support, advocacy, education, rehabilitation; palliative care and clinical nursing care to WBOPPHO enrolled Maori clients and their whanau. The WNS has an emphasis on acknowledging the cultural values and beliefs and the importance of whanau in their care and treatment.

The WNS provides nursing support service to whanau through Hauora, hapu and iwi health providers/organisations and general practices that align with the WBOPPHO.

#### Our request for clients to get the service that better suits their needs:

We would like to receive referrals of Maori clients who require supportive palliative care and treatment follow-up.

See Referral Form