|  |  |
| --- | --- |
| **Child & Youth Outpatient Clinic****[[procdate]]****[[pnhi\_U]]** | Regional Call CentreTelephone: 0800 333 477 |
| [[dmhctitl\_P]] [[dmhcgnam\_P]] [[dmhcsnam\_P]][[dmhcprac\_P]][[dmhcadr1\_P]][[dmhcadr2\_P]][[dmhcadr3\_P]]**[[dmhcadr4\_U]] [[dmhcpost\_U]]** |  |

Dear

**[[pgname\_P]][[psname\_U]]: DOB [[pbdate\_U]]**

**[[ptmxadd1\_P]], [[ptmxadd2\_P]] [[ptmxadd3\_P]], [[ptmxadd4\_U]]**

**[[ptelep\_U]] [[pmobile\_U]]**

**RE:**

Thank you for your referral with concerns about torticollis. At this stage we have not organised Paediatric review but have forwarded your referral to the physiotherapy department.

Torticollis is an abnormal position of the neck and head. It is relatively common in infants. It can present at birth or take up to 3 months to develop. No-one knows why some babies get torticollis. It can be associated with a sternocleidomastoid tumour. Some babies with torticollis also develop a flat head known as positional plagiocephaly.

We have enclosed an information sheet for families along with a sheet on exercise that families can do themselves at home.

Torticollis improves over time if the exercise and advice are followed. If it doesn’t occur then children should be referred back.

We hope you find this information useful. Please don’t hesitate to contact us for further advice.

Yours sincerely

Electronically reviewed

**Paediatric Grading team**