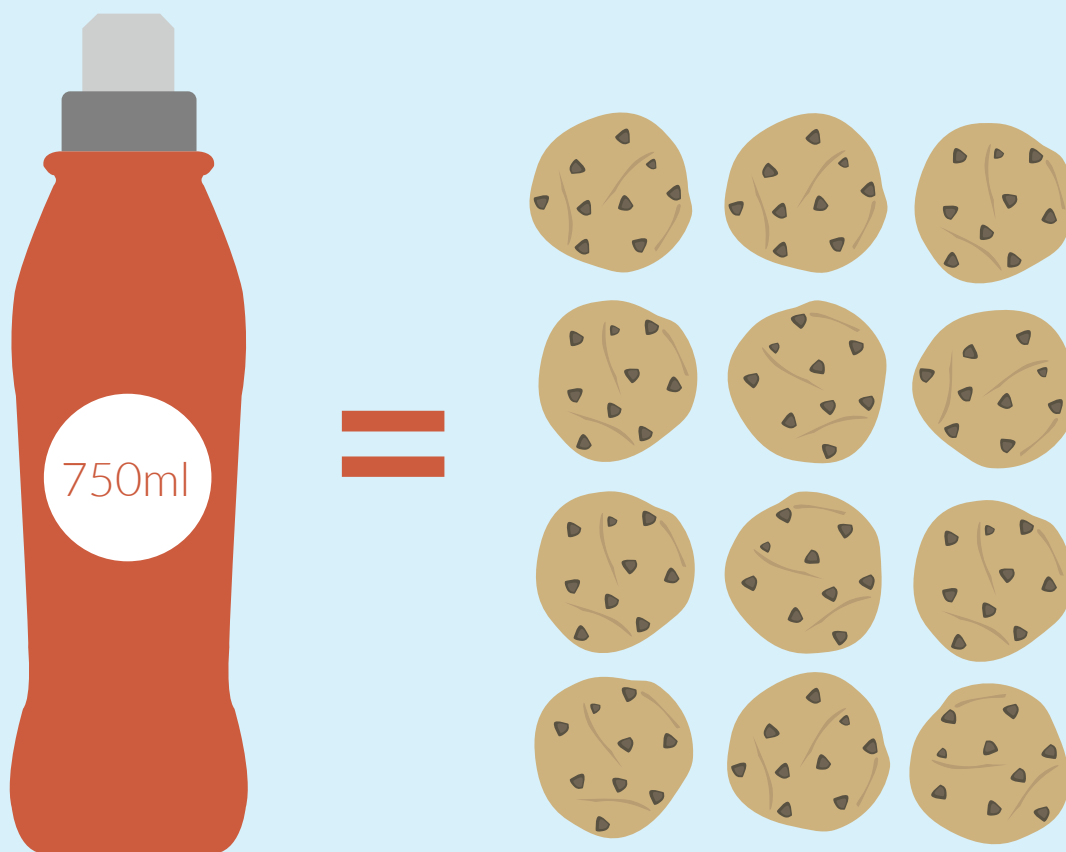


**DID YOU
KNOW?**

A 750ML SPORTS DRINK

has the same amount of sugar as
12 chocolate chip biscuits.



DRINK WATER

**100%
WATER**
Water is the best choice

hpa health promotion
agency