

Paradise Criteria for recurrent tonsillitis

- A. Frequency Criteria: Minimum number of tonsillitis episodes
 - 1. Past 1 year: 7 episodes
 - 2. Past 2 years: 5 episodes per year for both years
 - 3. Past 3 years: 3 episodes per year for all three years

- B. Episode Criteria: Each tonsillitis episode must include at least ONE of the following criteria in addition to sore throat
 - 1. Temperature 38.3 C
 - 2. Tender cervical adenopathy or cervical lymph nodes >2 cm in size
 - 3. Tonsillar exudate
 - 4. Group A Beta Hemolytic streptococcus culture positive

- C. Treatment Criteria: Each tonsillitis episode must have been treated with standard protocol
 - 1. Antibiotics at conventional dosing for suspected or proven streptococcal tonsillitis

- D. Documentation Criteria
 - 1. Medical record documents each tonsillitis episode including above criteria or
 - 2. Observation by clinician for at least 2 subsequent episodes that meet above criteria, typically over a 12 month period