

# Child Development Service Bay of Plenty

### **OVERVIEW & INCLUSION CRITERIA**

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#### **Overview**

Child Development Service provides development services for children in both the Western Bay of Plenty and the Eastern Bay of Plenty for the Bay of Plenty District Health Board. These services are community-based and multi-disciplinary and comprise of:

- Visiting Neurodevelopmental Therapy
- Occupational Therapy
- Physiotherapy
- Clinical Psychology
- Social Work
- Speech and Language Therapy
- Dietitian

Services are for children with an identified physical, sensory, intellectual disability and for children with developmental delay or those at risk of developing a disability or Autism Spectrum Disorder (ASD). Emphasis is placed on early intervention, but services also extend to children and young people **up to the age of 16**.

#### 1. General Inclusion Criteria

A summary of the inclusion and exclusion criteria for accessing child development services is contained below. Please consult the service specific referral criteria for further detail.

#### Inclusions:

- Children and young people (0 up to 16 years) who have been identified as having a
  physical, sensory, intellectual disability, ASD or a combination of these which is likely to
  continue for at least 6 months.
- Children who are at risk of developing such a disability or have developmental delay.
- Whānau, families and caregivers associated with the above children.

#### Exclusions:

- A child or young person with Physical Disability Service funding or ORS funding who does not have specialised home-based need for example; OT equipment or housing needs (MOE).
- Child or young person who has ACC funding.
- Child or young person who has a short-term acute illness and is expected to rapidly return to their former level of wellness or function (DHB).
- Child or young person who has had a surgical intervention for an acute need (DHB).
- Child or young person requiring palliative care who is terminally ill (DHB/Hospice).
- Child or young person requiring maintenance services only and not a multi-disciplinary development programme (DHB/GP).
- Child or young person diagnosed with ADHD (DHB).

 Child or young person whose service needs are covered under another service specification.

## 2. Visiting Neurodevelopmental Therapy (VNT) Referral Criteria (Western Bay of Plenty) Occupational Therapy (OT) and Physiotherapy (PT) (Eastern Bay of Plenty)

\*Please note that Physiotherapy and Occupational Therapy in the Eastern Bay of Plenty cover from 0-16 years of age.

#### *Inclusions:*

- Infant or young child (0-2 years) who has an identified disability, neurological abnormality (or significant risk factors), tonal concerns or developmental delay.
- Infant or young child (0-2 years) with other clearly defined developmental needs e.g. neuromuscular disease, chromosomal abnormalities.
- Infants with high risk factors e.g. preterm infant with birthweight less than 1500 grams and/or under 32 weeks.

#### Exclusions in addition to general:

 Infant or young child (0-2 years) with conditions such as plagiocephaly, torticollis or toewalking with no other developmental concerns, refer to physiotherapist at Tauranga Hospital or Whakatane Hospital.

#### 3. Occupational Therapy (OT) Referral Criteria

\*Please note that Occupational Therapy in the Eastern Bay of Plenty cover from 0-16 years of age.

#### Inclusions:

- Child or young person (2 -16 years) who has been identified as having a disability or significant developmental delay, which is likely to **continue for at least 6 months** and significantly influences their ability to participate in a range of essential daily activities to the extent that on-going support is required.
- Child or young person (5-16 years) with Physical Disability Service funding or ORRS funding requiring home-based OT support for equipment reviews and / or housing modifications.

#### Exclusions in addition to general:

- Child or young person (2 -16 years) who has a disability with no identified functional OT needs.
- Child or young person over 5 years with Physical Disability Service funding or ORS funding who does not have a specialist (MOE).
- Child or young person (2 -16 years) who has:
  - A sensory need in isolation, or
  - A mental health condition e.g. ADHD, Anxiety (refer relevant service such as MICAMHS/Voyagers/Paediatrics/PHO).

#### 4. Physiotherapy (PT) Referral Criteria

\*Please note that Physiotherapy in the Eastern Bay of Plenty cover from 0-16 years of age.

#### Inclusions:

- Child or young person (2 -16 years) with an identified disability and/or developmental gross motor concerns which are likely to **continue for at least 6 months**.
- Child or young person (5-16 years) with Physical Disability Service funding or ORRS funding requiring specific home-based need for example lying and positioning.

#### Exclusions in addition to general:

- Child or young person with Physical Disability funding or ORS funding with no home-based needs (MOE).
- Child or young person with isolated gross motor conditions such as idiopathic toe walkers, refer to physiotherapist at Tauranga and Whakatane Hospital.

#### 5. Clinical Psychology (Psych) Referral Criteria

#### Inclusions:

- A child or young person (0-16 years) who has been identified as having a disability or significant developmental delay, which is likely to continue for at least 6 months and requires assessment for the diagnosis of:
  - o Intellectual disability (must be 6 years of age at referral with collateral such as having a 2-year delay in educational attainment).
  - ASD (MDAT 0-6 years following assessment by paediatrician/SLT).
  - o ASD (7+).

#### Exclusions in addition to general:

- Child or young person (0-16 years) who has:
  - A mental health condition e.g. ADHD, Anxiety (Refer to the relevant service such as MICAMHS/Voyagers/Paediatrics/PHO).

#### 6. Social work (SW) Referral Criteria

#### *Inclusions:*

• Child or young person (0-16 years) who has been accepted into Child Development Service services who has an identified Social Work need.

#### Exclusions in addition to general:

- Child or young person (0-16 years) who has not been accepted into Child Development Service for any other reason.
- Indicators of abuse, neglect or family violence impacting on the immediate care or wellbeing of the infant/child/young person (0-16 years) (refer to Oranga Tamariki).

## 7. Incredible Years Autism Spectrum Disorder (IYASD) Parent Programme Referral Criteria

Child Development Service, BOPDHB is contracted by the Ministry of Education to deliver the above programme for parents of children with ASD traits. This is currently being delivered in Tauranga and Whakatane.

#### *Inclusions:*

Child (2-5 years) who has ASD traits with or without language delay.

Exclusions in addition to general:

• Child or young person (6 years+) who has ASD traits (refer to paediatrician).

#### 8. Speech and Language Therapy (SLT) Referral Criteria

Children seen until they are 2 years old, when a referral is made to Speech-Language Therapy at Ministry of Education.

#### Inclusions:

Feeding and swallowing difficulties:

- Infants with feeding or swallowing difficulties signs include:
  - Apnoea or bradycardia during oral feeding; coughing during oral feeding
  - Poor suck/swallow/breathe or difficulty latching
  - Colour, tone, state changes during oral feeding
  - Children with new onset or deteriorating oropharyngeal swallowing difficulties (dysphagia)
  - Wet / gurgly voice when eating / drinking
  - o Chest infection or pneumonia where aspiration is a potential cause
- Children with a progressive / degenerative illness where swallow can expect to be affected.
- Children with tracheostomies who require swallowing support.
- Children with developmental delays in feeding skills.
- Tube fed children who have potential to be weaned to oral feeds.

Exclusions in addition to general:

Fussy/picky eaters, children who have intact swallow and oral motor control.

#### Communication

#### Inclusions:

Children under the age of 2 years, with communication difficulties, delay, or disorder in expressive or receptive language. Eg delay in 'babbling', first words and following instructions.

Exclusion in addition to general:

Children who do not meet the CDS criteria are seen through the Speech-Language Therapy Service at Tauranga and Whakatane Hospital.

#### Eating, drinking, and swallowing contract Local Level Agreement

#### Inclusions:

#### Children 2 years to school leaving

Usually referred by MoE SLT for assessment, then MoE SLT will manage child and re refer when necessary. These children are seen in the school setting and an Eating, drinking and swallowing plan is made for the school.

#### Referrals of children with eating, drinking and swallowing issues;

- Degenerating condition.
- Signs of aspiration.
- Tracheostomy in situ. And swallowing difficulty.
- Transition onto or off enteral feeding.
- Change in eating environment.
- Breakdown in communication regarding feeding plan.
- Difficulty moving onto new texture, fluids, due to oral motor control.
- High risk of aspiration.

#### Exclusions in addition to general

Fussy/picky eaters, children who have intact swallow and oral motor control.

#### 9. Dietetics (DT) Referral Criteria

Inclusions (in addition to the general CDS inclusion criteria):

Child or young person (0-16 years) with an identified disability or developmental delay
affecting their ability to eat or feed in a way that supports optimal health, growth and
development.

Exclusions (in addition to general CDS exclusion criteria):

- Children with multiple food allergies (please refer to Tauranga Hospital Paediatric Dietitian and Whakatane Hospital Clinic Lead Dietitian).
- Children with Type 1 or Type 2 Diabetes (please refer to Tauranga Hospital Diabetes Dietitian and Whakatane Hospital Clinic Lead Dietitian).
- Children with diagnosed Anorexia Nervosa, Bulimia Nervosa or Binge Eating Disorder (please refer to CAMHS Dietitian and Whakatane Hospital Clinic Lead Dietitian).
- Children requiring obesity management (please refer to community agencies).

Dietitian Prioritisation Criteria & Target Wait Times

#### Priority 1 (2-4 weeks):

- Are enterally / tube fed (PEG, PEJ, JEJ, NGT, NJT).
- Have faltering growth (≤ 3 years).

#### Priority 2 (3-6 weeks):

- Faltering growth (> 3 years).
- Weight concerns and nutrition impact symptoms with some crossing downwards on growth chart (without diagnosis of faltering growth) (≤ 2 years).
- Neurological condition + malnutrition.

#### Priority 3 (6-12 weeks):

- Weight concerns / unintentional weight loss + nutrition impact symptoms, some crossing downwards on weight chart (without diagnosis of faltering growth).
- Eating disorder not under CAMHS, without diagnosis of faltering growth (i.e. diagnosed ARFID).
- Gastrointestinal problems without faltering growth or weight concerns (i.e. constipation, FODMAPS, inflammatory bowel disease, Hirschsprung's disease).
- Neurological condition without weight/growth concerns.
- Suspected diet-related micronutrient deficiency (includes restrictive eating).
- Fussy eating / food aversion / selective eating (excluding 1+ food groups), without faltering growth/weight concerns. This includes evidence of micronutrient deficiency.